



Arlington High School Wrestling Athlete/Parent Contract

1. Appreciate people! Understand that everything you do affects everyone around you.
2. Influence people in a positive way! Say noble things, think noble things, and live out noble things.
3. Trouble will not be tolerated. Anyone getting into trouble may be suspended from the team and possibly competition.
4. Athletes will conduct themselves appropriately on and off the mat. You represent Arlington High School and the Arlington High School Wrestling team regardless of where you are, especially in the classroom and hallways of AHS and in the community.
5. Athletes and Parents will be shown respect by the coaching staff and will expect the same will be returned. You will also respect your teammates, as that respect will be returned.
6. All athletes will meet or exceed the academic standards for being eligible set forth by the TSSAA and Arlington High School.
7. All athletes will be responsible for being on time for every practice and competition, injured or not. If there is any reason you will not be able to attend/ be on time, it is the athlete's responsibility to personally speak to Coach Simpson or another member of the coaching staff.
8. Wrestlers will be responsible for being in the appropriate practice, competition and match day attire. NO EXCEPTIONS.
9. Each wrestler will be responsible for providing funding for team expenses. Fundraising opportunities will be made available. If funding goals are not met fees will be assessed.
10. To promote safety and good hygiene the Locker Room will be kept clean and neat. The team will clean the Locker Room once a week. Clothes should not be left on the Locker Room floor for any reason.
11. Any concerns should be directed to Coach Simpson, and will be addressed in the appropriate fashion.

I have read the above rules, understand them, and agree to abide by them. I understand that failure to adhere to these rules/guidelines may result in suspension from the team or other disciplinary actions deemed appropriate by the coaching staff.

Wrestler's Name _____

Date _____

Wrestler's Signature _____

Parent's Signature _____